

Low-temperature fabrication of macroporous scaffolds through foaming and hydration of tricalcium silicate paste and their bioactivity

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Abstract A low-temperature fabrication method for highly porous bioactive scaffolds was developed. The two-step method involved the foaming of tricalcium silicate cement paste and hydration to form calcium silicate hydrate and calcium hydroxide. Scaffolds with a combination of interconnected macro- and micro-sized pores were fabricated by making use of the decomposition of a hydrogen peroxide (H_2O_2) solution that acted as a foaming agent and through the hydration of tricalcium silicate cement. It was found possible to control the porosity and pore sizes by adjusting the concentration of the H_2O_2 solution. The *in vitro* bioactivity of the highly porous scaffolds was investigated by immersion in simulated body fluid (SBF) for 7 days. Hydroxyapatite (HAp) was formed on the surface of the scaffolds. Their bioactivity could be expected to be as good as that of tricalcium silicate cement, making the material competent for the bone tissue engineering application.

Introduction

One of the effective approaches in solving the problem of bone regeneration and repair is bone tissue engineering. To

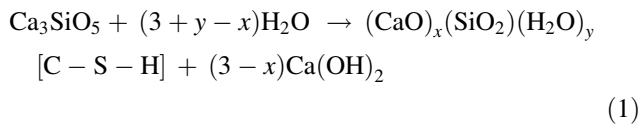
guide *in vitro* or *in vivo* tissue regeneration, it is prerequisite to have appropriate scaffold materials with characteristics that satisfy all the requirements for bone tissue engineering, i.e., having the ability to deliver cells, interconnected macroporosity, osteoconductivity, controlled degradation, sufficient mechanical properties, and formability [1]. Silicate-containing bioactive materials such as calcium silicate ($CaSiO_3$) and bioglass are advantageous over other candidate scaffold materials for bone tissue engineering with respect to osteoconductivity [2], bioactivity [3–5], the ability to deliver cells [6], and controllable biodegradability [7].

In the past, attempts have been made to fabricate bioactive scaffolds in various configurations and with different ranges of pore sizes by means of the techniques for the manufacturing of porous ceramics, such as dry-powder processing with the addition of porogen [8–10], sol-gel and gel-casting [11], and the replication technique [12–14] (also called the polymer-sponge method). All these methods involve high-temperature sintering to remove the porogen or replication matrix and to achieve extensive densification in order to avoid the detachment of particles from the scaffold material. It has been recognized that such a high-temperature processing step may cause undesirable crystallization or phase transformation of a constituent component in the scaffold and thus turns a bioactive and biodegradable silicate into an inert material [15, 16]. Moreover, the need to expose the material to a high sintering temperature excludes the possibility of introducing proteins and many other kinds of drugs into the material, for example, antibiotics, anti-inflammatory or anticancer drugs. It is therefore of great interest to take an alternative processing route and fabricate porous bioactive scaffolds at low temperatures.

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The present research was aimed to develop the method of preparing macroporous silicate-containing bioactive scaffolds from tricalcium silicate (Ca_3SiO_5 or C_3S) cement at low temperatures. C_3S is known as an important component in Portland cement. Once mixed with water, C_3S reacts with water to form calcium silicate hydrate (C–S–H) as Eq. 1 [17]



where x and y can change during the course of the reaction. At stage of the reaction, a hydrated orthosilicate (monomer C–S–H) forms in a cement paste, followed by the formation of dimeric silicates. Then, dimers polymerize to form pentamers, octomers, etc., which can be modeled as a progressive insertion of bringing tetrahedra into the gaps between dimers to form the “dreierketten” structure of tobermorite [18, 19]. The agglomeration and subsequent solidification of C–S–H networks contribute to the self-setting properties of the hydrated C_3S paste and to its enhanced mechanical strength [18]. From the biological and clinical point of view, tricalcium silicate possesses a number of important characteristics that are also noted for other silicate-containing bioactive materials. Being biocompatible, tricalcium silicate cement can induce bone-like apatite formation in simulated body fluid (SBF) and have the potential to stimulate cell proliferation [20, 21]. Moreover, the hydration product of tricalcium silicate cement is degradable in SBF [21]. All those important features suggest that tricalcium silicate is a good candidate material. It was therefore chosen in the present research for the low-temperature fabrication of bioactive scaffolds for tissue engineering by taking advantage of its self-setting properties.

In the present research, a low-temperature fabrication method for macroporous bioactive C_3S scaffolds was developed on the basis of the prior experience gained in working with tricalcium silicate cement [21] and the low-temperature fabrication method using hydrogen peroxide (H_2O_2) as a foaming agent that was developed by Ginebra et al. [22]. It was expected that porous scaffolds with sufficient mechanical strength could be fabricated through the foaming and setting of C_3S paste without the need of taking the sintering step. To satisfy this expectation, the compressive strength and porosity of the prepared scaffolds were determined. In addition, the *in vitro* bioactivity of the scaffolds was evaluated by soaking the scaffolds in SBF and the possibility of surface modification by the formation of a bone-like apatite layer was studied.

Materials and methods

Materials, scaffold preparation, and microstructure characterization

The starting material was a tricalcium silicate (C_3S) powder prepared by using the sol–gel method as described elsewhere [20]. The powder was ground and sieved through a sieve with a mesh size of 50 μm . To prepare the scaffolds, the C_3S powder was mixed with aqueous solutions of hydrogen peroxide (H_2O_2 , Sinopham Chemical Reagent Co., Ltd) at different concentrations (0 vol% being deionized water, 10, 20, 30, and 40 vol%). The H_2O_2 solution served as a foaming agent and the liquid to powder ratio was 0.8 mL/g. After mixing, the paste was poured into a polytetrafluoroethylene mold with a diameter of 6 mm and a height of 12 mm and held at 60 °C for 2 h. The decomposition of the H_2O_2 solution at this temperature resulted in the foaming of the paste. The samples with 0, 10, 20, 30, and 40% H_2O_2 were designated as Cement-D, Scaffold-10H, Scaffold-20H, Scaffold-30H, and Scaffold-40H, respectively.

With the scaffolds foamed, they were placed in a water bath maintained at 37 °C and in an atmosphere of 100% relative humidity (RH), and kept for 7 days (aging), followed by material characterization. As Scaffold-40H was too difficult to handle due to the low mechanical strength, only the samples prepared with 0, 10, 20, and 30% H_2O_2 solutions were subjected to material characterization. The formed phases were identified using an X-ray diffractometer (XRD; Geigerflex, Rigaku Co., Japan) with monochromated CuK_α radiation and the 2θ range was from 10 to 80° at a scanning speed of 10°/min. The morphology of the porous scaffolds was observed using an optical microscope (Leica 020-520-007 DM/LP). The microstructure on the cross-section of samples was examined by scanning electron microscopy (SEM; JSM-6700F, JEOL, Tokyo, Japan).

Porosity determination

The method to determine porosity was developed from a reported convenient way [23] according to Archimedes principle and a moderate modification has been made based on a standard procedure (ASTM C 20-00) [24]. After aging in a water bath at the 37 °C and 100% RH for 7 days, the scaffold was dried at room temperature and its weight was recorded as m_0 :

$$m_0 = d_a \times V_a \quad (2)$$

where V_a and d_a are the apparent volume and apparent density of the dried scaffold, respectively. Afterwards, the scaffold was immersed in ethanol for 24 h for the complete

intrusion of the liquid medium. The wet sample was immediately weighed and its weight noted as m_1 :

$$m_1 = d_a \times V_a + d_l \times V_p \quad (3)$$

where d_l is the density of the liquid medium, i.e., the density of ethanol in this case, and V_p the volume of the pores inside the sample. With m_1 registered, the specimen was immediately transferred to a beaker containing 50 mL ethanol and the suspending weight of the sample soaking in ethanol was recorded as m_2 , which is taken as the weight of the scaffold soaking in ethanol in case that the pores within the material were completely filled by ethanol [24]:

$$m_2 = d_a \times V_a + d_l \times V_p - d_l \times (V_a + V_p) \quad (4)$$

The total porosity P_{total} should be:

$$P_{\text{total}} = V_p / (V_a + V_p) \quad (5)$$

With this method, the total porosity P_{total} can be calculated using Eq. 6 [24]:

$$P_{\text{total}} = [(m_1 - m_0) / (m_1 - m_2)] \times 100\% \quad (6)$$

It should be noted that the tricalcium silicate paste as the matrix of the scaffold is inherently microporous [21]. Therefore, P_{total} should be the summation of the inherent microporosity P_{micro} of the reacted tricalcium silicate paste and the macroporosity P_{macro} created by the foaming agent. To determine P_{micro} , a porosity test of the 7-day-set tricalcium silicate paste aged with deionized water (Cement-D) was performed, following the steps as described above. Then, the macroporosity created by the foaming agent P_{macro} could be determined by using Eq. 7:

$$P_{\text{macro}} = P_{\text{total}} - P_{\text{micro}} \quad (7)$$

Six replicated tests were performed to determine the porosity of each scaffold and the results were expressed in the form of mean \pm standard deviation (SD).

Mechanical testing

After aging in a water bath at 37 °C and 100% RH for 7 days, the scaffolds were dried at room temperature and then carefully cut into specimens with a diameter of 6 mm and a height of 8 mm for mechanical testing. The surface of the specimen was slightly polished with SiC emery papers of 1200 grits by hand, and then carefully cleaned with air flow generated by a plastic syringe. The compressive strength of the as-fabricated scaffold was measured at a crosshead speed of 0.5 mm min⁻¹ using a universal testing machine (Instron-1195, USA) in accordance with ASTM D695-91. Six repeat tests were performed for each scaffold and the results were expressed in the form of mean \pm standard deviation (SD).

Immersion testing in simulated body fluid

A simulated body fluid (SBF) solution was prepared according to the procedure described by Kokubo [25]. The ion concentrations of SBF were similar to those in human blood plasma, and the pH value was set at 7.35 [25]. The 7-day-set scaffolds were carefully cut into samples with a diameter of 6 mm and a height of 4 mm. The samples were soaked in the 50 mL SBF solution at 37.0 °C in a shaking water bath for 7 days [26]. Then, the disks were gently rinsed with deionized water to remove the retained SBF solution, followed by drying at room temperature. The samples were characterized by using an X-ray diffractometer (XRD; Geigerflex, Rigaku Co., Japan) with monochromated CuK_α radiation and the 2θ range was from 10 to 80° at a scanning speed of 10°/min, and a scanning electron microscope (SEM; JSM-6700F, JEOL, Tokyo, Japan) equipped with an energy dispersive X-ray spectrometer (EDX, INCA Energy, Oxford Instruments, UK).

Statistical methods

The data obtained from the investigations were analyzed using the Student's *t*-test method and expressed in the form of mean \pm standard deviation (SD). A *p*-value <0.05 was considered statistically significant.

Results

Porous structure

Figure 1 shows the morphologies of the as-fabricated scaffolds after aging in the 37 °C/100% RH water bath for 7 days. No macro-sized pores on the sample Scaffold-10H or on its cross-section could be observed (Fig. 1a, b). However, as the concentration of H₂O₂ increased to 20%, the Scaffold-20H displayed an obvious macroporous structure, and the pores were round and quite homogeneous (Fig. 1c, d). In addition, most of the pores inside the Scaffold-20H sample appeared to be isolated from each other, meaning a low level of interconnectivity (Fig. 1d). As the concentration of H₂O₂ as the foaming agent further increased to 30%, the sample Scaffold-30H contained pores of larger sizes and the pores became less regular in shape (Fig. 1e, f), as compared with those of Scaffold-20H. Moreover, the pores in Scaffold-30H had an increased level of interconnectivity as observed by SEM (Fig. 2). Scaffold-30H appeared to be most interesting and was subjected to further microstructural characterization.

The samples Scaffold-20H and Scaffold-30H were fractured to reveal possible preferential orientation of the pores on the longitudinal and transverse sections (Fig. 2).

Fig. 1 Optical micrographs showing the porous structures of the Ca_3SiO_5 scaffolds prepared with the H_2O_2 solutions of various concentrations, **a** and **b** 10% H_2O_2 ; **c** and **d** 20% H_2O_2 ; **b** and **f** 30% H_2O_2 . **b**, **d**, and **f** show the porous structures of the samples on the cross-section

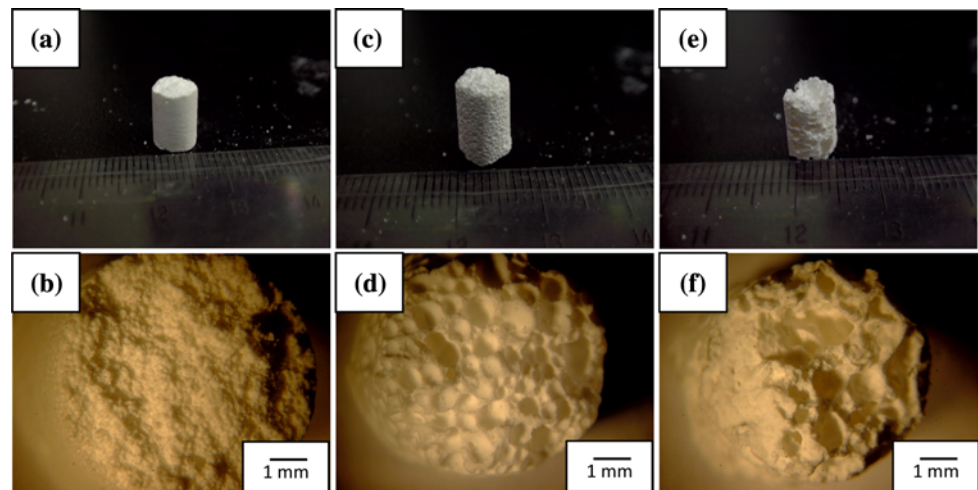
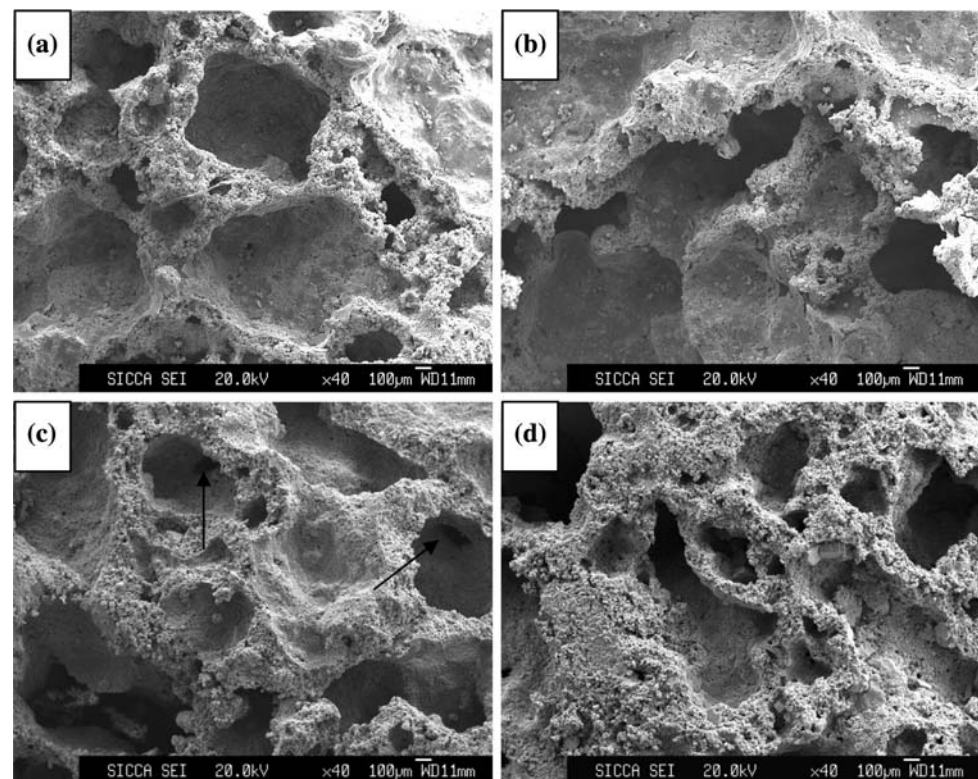


Fig. 2 SEM micrographs of Scaffold-20H (**a**, **b**) and Scaffold-30H (**c**, **d**) aged for 7 days and then fractured to reveal possible preferential orientation of pores on the transverse (**a**, **c**) and longitudinal (**b**, **d**) sections. (**a**, **b**, **c**, **d** $\times 40$)

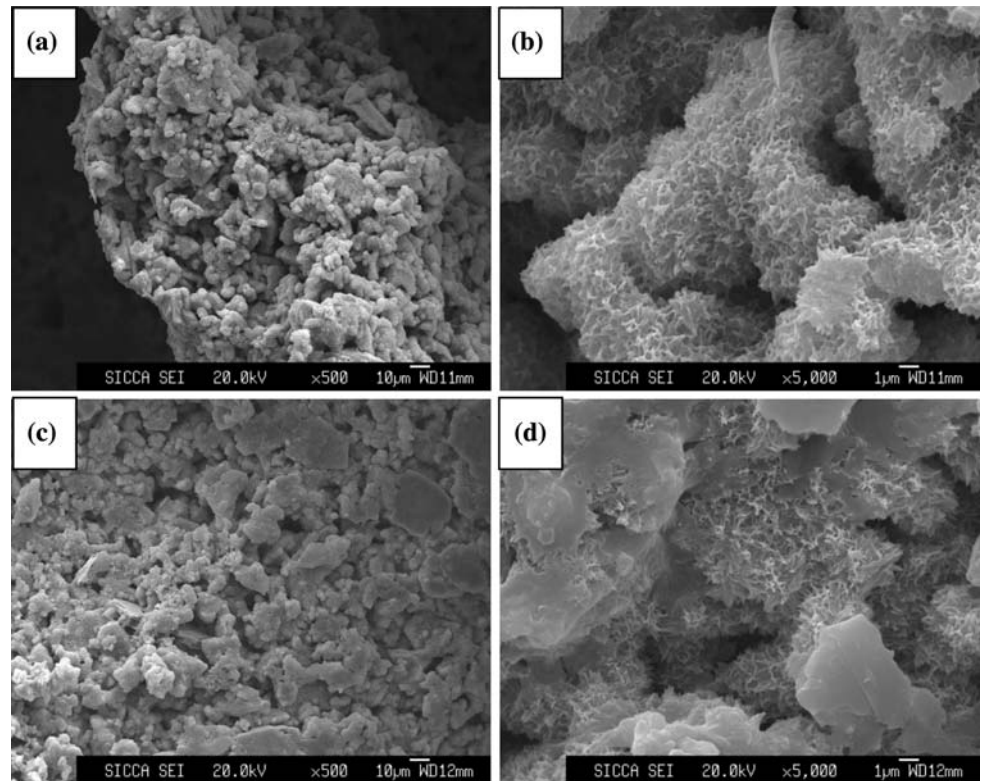


It was found that the porous structure of Scaffold-20H showed a lower level of interconnectivity than that of Scaffold-30H, which confirmed the results from the optical microscopy observation (Fig. 1). Networks of macropores were found in the Scaffold-30H and these are shown in Fig. 2c, d. Macropores with sizes of several $100\ \mu\text{m}$ were homogeneously distributed on both the transverse (Fig. 2c) and longitudinal sections (Fig. 2d). A comparison between Fig. 2c, d shows insignificant differences in the sizes and shape of the pores as well as

interconnectivity between the longitudinal section and the transverse section.

Figure 3 shows the microporous structures of a strut (a and b) and its inner wall (c and d), which is the frame that resists longitudinal compression and located between the individual pores. Both the cross-section and inner wall of the strut contained micropores with sizes around $10\ \mu\text{m}$ (Fig. 3a, c). SEM micrographs at a higher magnification showed that the microporous surface was actually composed of aggregates of tiny particles (Fig. 3b, d),

Fig. 3 SEM micrographs showing the porous structure of a single strut of Scaffold-30H on the cross-section (a and b) and on its inner wall (c and d) (a, b $\times 500$; c, d $\times 5000$)



being characteristic of hydrated tricalcium silicate cement [21].

Mechanical properties and porosity

The variations of compressive strength and porosity with the concentration of H_2O_2 solution are presented in Table 1. The Cement-D specimens had a mean compressive strength of 12.53 MPa and a porosity level of 35.3%. Note that no obvious macropores were observed in the hydrated paste Cement-D due to the absence of the foaming agent. An addition of the foaming agent (H_2O_2) significantly increased the overall porosity of the paste, which led to a decreased mechanical strength. As shown in Table 1, increasing the concentration of the foaming agent solution resulted in a significant increase in the total porosity and consequently a decreased compressive strength of the scaffold.

Phases formed during aging

Figure 4 shows the XRD patterns of the initial tricalcium silicate powder (Fig. 4a), hydrated Cement-D, and Scaffold-30H after aging for 7 days. Both the Scaffold-30H and hydrated Cement-D contained calcium carbonate, calcium hydroxide $[Ca(OH)_2]$, and calcium silicate hydrate (C–S–H), with the latter two components being the main hydration products of tricalcium silicate. In combination with the results of SEM investigation, the XRD patterns confirmed that the hydration reaction took place during the aging process. In addition, the intensities of the XRD peaks associated with $Ca(OH)_2$ and C–S–H in the Scaffold-30H sample were much higher than those in the Cement-D sample, indicating that the foaming process might have an accelerating effect on the hydration of tricalcium silicate.

Table 1 Compressive strengths and porosity of the as-fabricated samples after aging for 7 days

	Cement-D	Scaffold-10H	Scaffold-20H	Scaffold-30H
Compressive strength (MPa)	12.53 \pm 1.31	3.66 \pm 0.54*	1.28 \pm 0.17*	0.28 \pm 0.03*
P_{total} (%)	35.3 \pm 2.8	50.9 \pm 3.2*	67.1 \pm 6.8*	83.1 \pm 7.7*
P_{macro} (%)	–	15.6	31.8	47.8

Asterisk (*) indicates statistical significant difference ($p < 0.05$) between the samples in different groups

Phases formed after immersion in SBF

The bioactivity of a scaffold depends on the phases formed on its surface when in contact with human extracellular

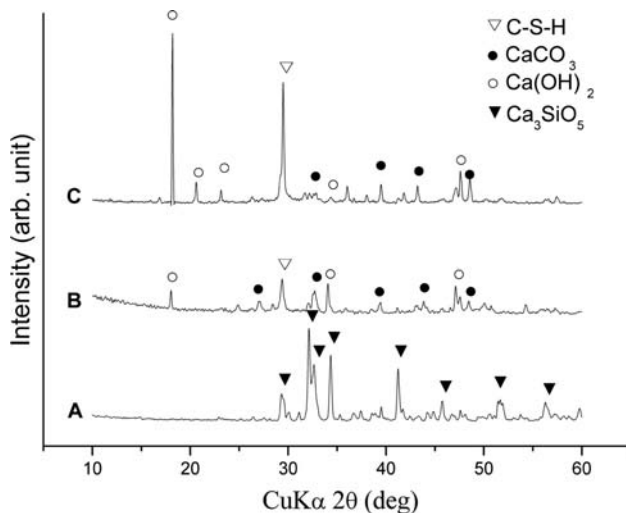


Fig. 4 XRD patterns of the samples: **a** tricalcium silicate powder; **b** Cement-D, and **c** Scaffold-30H after aging for 7 days

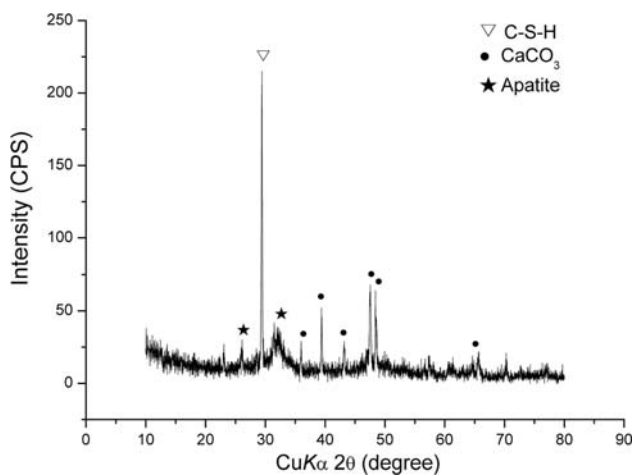
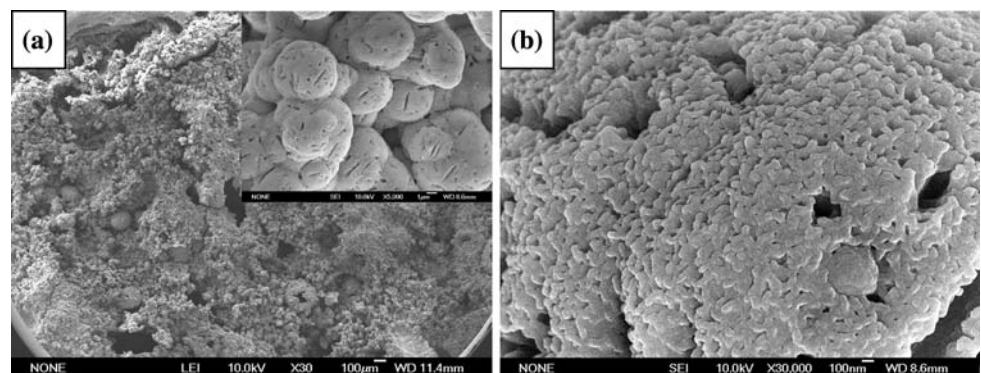


Fig. 5 XRD patterns of the Scaffold-30H samples after soaking in SBF for 7 days

Fig. 6 SEM micrographs showing the surface microstructure of the Scaffold-30H sample after soaking in SBF for 7 days: **a** at a low magnification (30×) and **b** at a high magnification (30,000×), and the small SEM image in the top right corner of **a** indicated the focused area of the surface for the subsequent EDX analysis



fluid. Scaffold-30H was selected to be soaked in SBF, and XRD and SEM patterns of the samples after soaking in SBF are shown in Figs. 5 and 6, respectively. It was clear to see from Fig. 5 that characteristic peaks of Ca(OH)₂ disappeared and characteristic peaks for apatite at $2\theta = 26.04^\circ$ and 32.72° appeared after 7 days of soaking [21, 25, 27]. SEM micrographs of the scaffold after soaking in SBF for 7 days (Fig. 6) showed that the scaffold remained to be macroporous after a soaking period of 7 days (Fig. 6a), and newly formed small granules became visible on the surfaces of struts (Fig. 6b). Examination at a higher magnification (Fig. 6b) showed that the surface of the granules contained crystals with a lath-like morphology of typical bone-like apatite, being similar to those formed on the surface of bioactive glass [26] and silicate bio-ceramics [12] after soaking in SBF. The sizes of the crystals were about 80 nm in diameter (Fig. 6b). EDX analysis of the lath-like crystals (Fig. 7) indicated a Ca: P molar ratio of 1.63, being quite close to the stoichiometric ratio of hydroxyapatite (1.67). EDX analysis in combination with XRD analysis and SEM observation confirmed the formation of a bone-like apatite layer on the struts of the scaffold during soaking in SBF.

Discussion

H₂O₂ is often used as a foaming agent to prepare porous scaffolds. The method has been reported to be efficient for the fabrication of macroporous scaffolds with bioactive silicate-containing materials as the matrix [28]. Such a foaming method is normally followed by a high-temperature sintering step, which is necessary for the integrity of the as-fabricated scaffold. However, the fabrication method developed in this research to fabricate silicate-containing bioactive scaffolds involves the combination of foaming and hydration of tricalcium silicate at low temperatures. The cementitious hydration of the paste leads to the solidification of the scaffold, which helps it gain required integrity without sintering at high temperature. The porosity of the

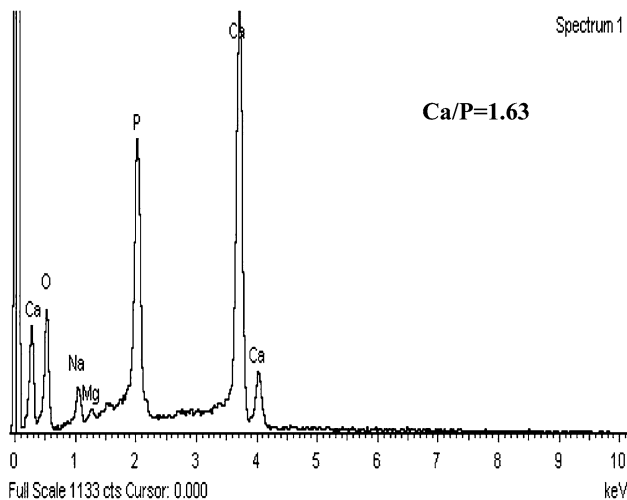
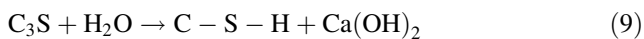


Fig. 7 EDX analysis of the surface of the Scaffold-30H sample after soaking in SBF for 7 days (Ca/P=1.63)

scaffold is composed of foaming-induced macroporosity and intrinsic microporosity formed during the hydration of tricalcium silicate. The overall process involves the following reactions:



It appears that the porosity level of the scaffold depends on the H_2O_2 concentration and its integrity can be achieved by the hydration and setting of tricalcium silicate cement. As the concentration of the foaming agent increases, more gas release from the decomposition of H_2O_2 occurs, leaving the scaffold with a more porous structure and pores of larger sizes. In addition, the increased amount of gas produced by the decomposition of H_2O_2 results in an increased possibility for gas bubbles to contact each other. Therefore, not only macroporosity but also interconnectivity increases with increasing concentration of H_2O_2 . The use of H_2O_2 as a foaming agent is thus proven to be an efficient method to fabricate porous silicate-containing scaffolds.

Basically, there are two main advantages of the present method that use H_2O_2 as a foaming agent in connection with the subsequent hydration of tricalcium silicate. Firstly, it allows for the introduction of a high level of macroporosity in the material without the addition of other substances that may be cytotoxic. The scaffold is mainly composed of calcium silicate hydrate and calcium hydroxide that are both the final hydration products of tricalcium silicate and have been proven to be non-cytotoxic in cell culture [21, 29]. Secondly, a higher hydration rate of tricalcium silicate may lead to enhanced bonding between matrix particles by improving the agglomeration and the subsequent solidification of C–S–H gel networks. It

is assumed that with the formation of macroporous structure by the decomposition of H_2O_2 as porogen, the reactive surface for the hydration would be larger in the scaffold than in the specimen without porogen during the aging process in humidity, and such an increase in reactive surface has been figured out in a previous research on the fabrication of porous PLGA microspheres with H_2O_2 as porogen [30]. Therefore, an accelerated hydration and resultant higher content of hydration product within the scaffold were observed from the results of XRD analysis (Fig. 4). The compressive strength of the scaffold Scaffold-30H (about 0.3 MPa, see Table 1) falls in the range of the strengths of spongy bone (not the strut) (0.2–4 MPa [31]) and is close to the lower bound. Other studies on scaffolds for bone tissue engineering indicate it may not be necessary to fabricate a porous scaffold with a mechanical strength equal to the bone, because cultured cells on the porous scaffold and new tissue formation in vitro will create a biocomposite, thereby increasing the time-dependent strength of the scaffold significantly [13, 32].

An important characteristic of a bioactive silicate-containing material is its ability to bond with living bone through the formation of a HAp interface layer on its surface both in vitro and in vivo [4, 6]. The present study showed that porous C_3S scaffolds induced the precipitation of a HAp layer on their surfaces in SBF during a relatively short soaking period of 7 days, which suggests a high degree of bioactivity of the macroporous scaffolds attributed to the excellent bioactivity of tricalcium silicate cement as the substrate. In addition, it has been reported that this bone-like apatite layer can provide a suitable substrate for osteoblast-like cell proliferation and function, which allows a strong bonding of the material to the surrounding bone tissue [33]. Furthermore, the biocompatibility of bioactive sol–gel glasses with a HAp layer is greatly enhanced as compared to those without a HAp layer [34]. Therefore, the bioactive C_3S scaffolds fabricated in the present work are expected to interact positively with cells by developing a remineralization layer. In addition, the surface modification as occurred during soaking in SBF will enhance material–cell interactions.

Conclusions

In this study, macroporous silicate-containing scaffolds were successfully fabricated through low-temperature foaming and hydration of tricalcium silicate cement. The scaffolds contained both interconnected macropores and intrinsic micropores. These scaffolds were mainly composed of biocompatible calcium silicate hydrate. Their bioactivity was assured as a result of the formation of a HAp layer on the surface of scaffolds during immersion in

SBF. The tricalcium silicate-derived scaffolds fabricated using the simple two-step method developed in the present research look promising for bone tissue engineering applications.

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